

Machen Mountain Run - 2009 Race Results

Position	Time	Race		Name	Gender	Age	
		Number	Surname			Category	Club
1	40:19:00	107	Ryder	Peter	M	U40	CRB
2	42:09:00	130	Aggleton	Hugh	M	U40	MDC
3	42:55:00	105	Humphys	Laurance	M	U40	Fairwater
4	44:28:00	137	Carter	Julian	M	O40	Les Croupiers
5	44:32:00	80	Flower	Crispin	M	O40	Mynydd Du
6	45:25:00	98	Wherlock	Jeff	M	O40	Machen Miggly Moos MTB Club
7	45:57:00	100	Woods	Adrian	M	O40	Mynydd Du
8	46:10:00	133	Griffiths	Bryan	M	U40	Bridgend AC
9	46:57:00	110	Fines	Helen	F	U40	Calder Valley Club
10	47:30:00	84	Harvey	Mark John	M	U40	Chepstow Harriers
11	48:05:00	82	Heward	Damian J.	M	U40	unnattached
12	49:05:00	73	Hanrahan	Gavin	M	U40	Cwmbran Harriers
13	49:22:00	156	Barnby	Daryll	M	U40	Fairwater
14	49:33:00	74	Ede	Michael	M	O50	Cheltenham Harriers
15	49:37:00	104	Davies	Steve	M	O50	Griffithstown Harriers
16	49:44:00	20	Hardman	Gareth	M	O40	Bridgend Athletic Club
17	49:51:00	123	Caveney	Terry	M	O50	Les Croupiers
18	50:06:00	63	Metters	Marc	M	U40	Hale's Harriers
19	50:08:00	37	Murphy	Tim	M	O40	Spectrum Striders
20	50:13:00	68	Beecher	Katie	F	U40	Les Croupiers
21	50:30:00	145	Seekings	Jamie	M	U40	Penarth & Dinas Runners
22	50:44:00	58	Alford	Jeremy	M	O40	Penarth & Dinas Runners
23	50:51:00	144	Thurgood	Mike	M	U40	Caerleon
24	51:14:00	35	Morgan	Lloyd	M	U40	Sandomenico RRC
25	51:24:00	75	Williams	Alun	M	O40	Fairwater Runners
26	51:30:00	101	Dawe	Andrew	M	O40	Llyswerry Runners
27	51:34:00	155	Diffey	John	M	O40	Les Croupiers RC
28	51:55:00	88	Stott	Andy	M	O50	Chepstow Harriers
29	52:20:00	153	Lewis	Chris	M	U40	unnattached
30	52:29:00	142	Bristow	Phil	M	O40	San Domenico

31	52:35:00	1	Bristow	Richard	M	O40	San Domenico
32	53:10:00	8	Dallimore	Nick	M	O50	Les Croupiers / MDC
33	53:17:00	89	Blore	James	M	U40	Chepstow Harriers
34	53:17:00	70	Shields	Dominic	M	O40	Sandomenico RRC
35	53:20:00	7	Creed	Matt	M	U40	Chepstow Harriers
36	53:25:00	36	Moss	Timothy	M	U40	Penarth & Dinas Runners
37	53:40:00	29	Lodder	Helen	F	U40	Islwyn Runners
38	53:52:00	154	Lewis	Alex	M	U40	unnattached
39	54:01:00	72	Williams	Michael	M	U40	Fairwater Runners
40	54:02:00	129	Harrhy	Steve	M	O40	Liswerry
41	54:06:00	38	Osmond	Clive G.	M	O40	Les Croupiers
42	54:10:00	60	Hale	Al	M	U40	Hale's Harriers
43	54:24:00	108	Stevens	Darren	M	U40	unnattached
44	54:32:00	116	Twigg	Martin	M	U40	San Domenico
45	54:32:00	13	Davies	Julie	F	U40	Griffithstown
46	54:32:00	76	Thomas	Richard	M	U40	Fairwater Runners
47	55:03:00	4	Capleton	Akexander	M	U40	unnattached
48	55:10:00	83	Dobbs	Russel J.	M	U40	unnattached
49	55:22:00	46	Sander	Paul	M	O50	unnattached
50	55:33:00	28	Joyce	Kev	M	O40	Pembrokeshire Harriers
51	55:42:00	131	Jones	Alun	M	U40	Les Croupiers
52	55:49:00	99	Woods	Sharon	F	O40	Mynydd Ddu
53	56:00:00	138	Williams	Philip	M	U40	unnattached
54	56:05:00	67	O'Duffy	Libby	F	O40	Les Croupiers
55	56:06:00	109	Davies	Michael H	M	O50	Les Croupiers
56	56:09:00	71	Fry	Mark	M	O40	Fairwater Runners
57	56:17:00	120	Williams	Jonathan	M	O40	Fairwater Runners
58	56:27:00	85	Morgan	Niki	F	O40	Chepstow Harriers
59	56:36:00	42	PROCTER	ANDREW	M	U40	unnattached
60	57:04:00	39	Owen	Ross Stuart	M	U40	unnattached
61	57:07:00	3	Burne	Peter	M	U40	unnattached
62	57:16:00	113	Owen	Steven Roy	M	O50	Les Croupiers
63	57:46:00	94	Williams	Gareth	M	U40	Machen Miggly Moos MTB Club
64	58:00:00	152	Smith	Adam	M	U40	Cardiff Harlequins
65	58:01:00	2	Bryant	Alex	M	U40	unnattached
66	58:19:00	64	Arrighi	Gianni	M	U40	Hale's Harriers

67	58:30:00	31	Mason	Alan S.	M	O40	Les Croupiers
68	58:42:00	132	Davies	Jonathan	M	O40	unnattached
69	58:45:00	48	Shanahan	John	M	O50	unnattached
70	58:54:00	128	Hughes	Arwell	M	U40	unnattached
71	59:05:00	18	Finch	Dick	M	O60	Chepstow Harriers
72	59:06:00	117	O'Sullivan	Tim	M	O50	Les Croupiers
73	59:08:00	149	Ford	Robert	M	O50	Pontypridd Rodents
74	59:14:00	146	Barlow	Richard	M	O40	Les Croupiers
75	59:20:00	27	Jones	Gareth D.	M	O60	MDC
76	59:24:00	61	Hobbs	Ben	M	U40	Hale's Harriers
77	59:31:00	150	Lewis	Terry	M	O40	Islwyn
78	59:33:00	86	Stott	Gill	F	O50	Chepstow Harriers
79	59:35:00	16	Edwards	Barri	M	O40	unnattached
80	59:43:00	54	Williams	Leslie	M	O60	Rhedwyr Eryri
81	59:49:00	62		Rhys	M	U40	Hale's Harriers
82	59:54:00	51	Summers	Lou	F	O40	Chepstow Harriers
83	59:59:00	15	Donnan	Graeme	M	O50	Les Croupiers RC
84	67:17:00	126	Welsh	Matthew	M	U40	Griffithstown Harriers
85	60:33:00	40	Pope	Michael	M	U40	unnattached
86	60:37:00	112	Mann	Alan	M	O50	Les Croupiers
87	60:47:00	102	Ashton	Liz	F	U40	Les Croupiers
88	60:58:00	44	Rees	Andy	M	O50	unnattached
89	61:13:00	69	Waters	Gary	M	O60	Swansea Harriers AC
90	61:29:00	9	Dallimore	Caroline	F	O50	Les Croupiers / MDC
91	61:40:00	56	Williams	Pete	M	O40	Penarth & Dinas Runners
92	61:43:00	50	Stephens	David	M	U40	unnattached
93	61:58:00	21	Hannigan	Ben	M	O40	Pontypridd Rodents
94	62:02:00	79	Woods	Gary	M	O40	Fairwater
95	62:17:00	93	Mac Lean	Karel	M	U40	unnattached
96	62:23:00	53	Williams	Matthew	M	U40	unnattached
97	62:24:00	103	McBride-Stewart	Sara	F	O40	Les Croupiers
98	62:33:00	77	Bowie	Richard	M	O40	Fairwater Runners
99	62:54:00	157	Schlamm	John	M	U40	unnattached
100	63:09:00	121	Birch	Coleen	F	U40	ISLWYN RUNNING CLUB
101	63:28:00	24	JOnes	Peter	M	O40	Weston Athletics Club
102	63:58:00	47	Scholey	Julie	F	O50	Les Croupiers

103	64:02:00	148	Rees	Matthew	M	U40	unnattached
104	64:49:00	127	Sutton	Lyndon A.	M	O50	Islwyn Running Club
105	64:50:00	147	Thomson	Stewart	M	O40	Griffithstown Harriers
106	65:02:00	134	Silver	Roy	M	O50	unnattached
107	65:24:00	32	McLaughlin	Ewen	M	O40	unnattached
108	65:38:00	22	Hill	Steve	M	O40	unnattached
109	66:26:00	96	Gordon	Emma	F	U40	Forrest of Dean AC
110	66:31:00	65	Nurse	Jemma	F	U40	Les Croupiers
111	67:12:00	136	Morris	Steven	M	U40	unnattached
112	67:14:00	119	New	Stephen	M	O40	unnattached
113	67:21:00	33	Moore	Jonathan	M	O40	unnattached
114	67:25:00	14	Richards	Janet	F	O40	Griffithstown Harriers
115	67:31:00	41	Powell	Richard C.	M	U40	unnattached
116	67:33:00	111	McCue	Gillian	F	U40	Les Croupiers
117	67:37:00	30	Luke	Emily	F	U40	unnattached
118	67:42:00	11	Davies	Sara	F	O40	unnattached
119	67:56:00	143	Haines	Ian	M	U40	unnattached
120	68:03:00	115	Hughes	Jenny	F	U40	Les Croupiers
121	68:05:00	87	Brown	Rob	M	O60	Chepstow Harriers
122	68:19:00	59	Hale	Nick	M	O50	Hale's Harriers
123	69:07:00	78	Roche	Julie	F	O40	Fairwater Runners
124	69:28:00	49	Shore	Leslie	M	O60	unnattached
125	69:57:00	43	Proffitt	David	M	O50	Newport Harriers
126	70:41:00	118	Treharne	Ruth Louise	F	O40	Islwyn
127	71:26:00	91	Werner	Rebecca	F	O40	unnattached
128	71:26:00	90	Wade	Ian	M	O40	Chepstow Harriers
129	71:36:00	122	Jones	Jacqueline	F	U40	ISLWYN RUNNING CLUB
130	71:56:00	10	Dare	Barry	M	O60	unnattached
131	72:06:00	97	Pugh	Les	M	O60	MDC
132	72:26:00	95	Davies	Ruth	F	O40	unnattached
133	72:42:00	17	Evans	Nataie	F	U40	unnattached
134	73:36:00	92	Alexis	Errol	M	O60	Les Croupiers
135	73:39:00	124	Douglas	Shona	F	U40	Islwyn
136	73:50:00	114	Johnson	Clare	F	O60	Les Croupiers
137	75:04:00	151	Rees	Pauline Jane	F	O50	unnattached
138	75:47:00	125	Parker	Malcolm	M	O60	ISLWYN RUNNING CLUB

139	78:25:00	57	Wood	Ged	M	O50	unnattached
140	79:46:00	135	Headon	Dawn	F	O40	unnattached
141	83:58:00	106	Darby	William J.	M	O50	Mynydd Du
142	84:04:00	81	Battersby	John	M	O60	MDC
143	84:04:00	45	Debney	Jane	F	O40	unnattached
144	85:37:00	141	Woolley	Rachel	F	U40	Village Vipers
145	85:37:00	140	Davies	Elaine	F	O50	Village Vipers
DNF	DNF	139	Webb	Doug	M	O50	Village Vipers