

NO.	FIRST NAME	SURNAME	CAT	CLUB NAME	TIME	POSITION
74	Sean	Taylor	MS	Griffithstown Harriers	00:41:47	1
70	Leyton	Rawlinson	MS	Caerleon	00:43:05	2
4	Laurie	Carter	MSV	Chepstow Harriers	00:43:13	3
77	Mark	Harvey	MS	Chepstow Harriers	00:43:33	4
76	Eddie	Hiscocks	MS	Lliswery Runners	00:44:13	5
88	Neil	Lewis	MV	Hereford Couriers	00:44:54	6
68	Andrew	Thompson	MSV	Griffithstown Harriers	00:45:36	7
32	Martin	Davies	MSV	Lliswerry	00:45:46	8
40	Adam	Bruce-Smith	MS		00:45:54	9
11	Robert	Borley	MS		00:46:06	10
53	Howard	Mason	MV	Caerleon	00:46:35	11
83	Angela	Jones	FV	Mynydd Du	00:46:37	12
73	Matt	Creed	MS	Lliswerry	00:47:05	13
46	Julie	Davies	FS	Griffithstown Harriers	00:47:09	14
71	Ray	Morgan	MS	Griffithstown Harriers	00:47:28	15
80	Darren	Stevens	MS		00:48:29	16
45	James	Fletcher	MV		00:48:53	17
7	Lu	Summers	FV	Chepstow Harriers	00:49:04	18
60	Tim	Rees	MV	Lliswery Runners	00:49:28	19
81	Keith	James	MS	Lliswerry	00:49:35	20
69	Peter	Rodger	MSV	Griffithstown Harriers	00:49:40	21
64	Paul	Day	MSV	Lliswerry	00:49:59	22
6	David	Proffitt	MSV	Newport Harriers	00:50:21	23
55	Mark	Owen	MV		00:50:22	24
33	Paul	Harnes	MV		00:51:04	25
63	Lorna	Shaw	FSV	Chepstow Harriers	00:51:06	26
72	Thomas	Guy	MS	Griffithstown Harriers	00:51:07	27
19	Vanessa	Lawson	FS	Chepstow Harriers	00:51:39	28
84	Mark	Sutton	MV	Griffithstown Harriers	00:52:40	29
58	Karl	Johns	MS	Les Croupiers	00:52:52	30
85	Sandra	Chipper	FS	Lliswerry	00:53:16	31
21	Dick	Finch	MSV	Chepstow Harriers	00:53:25	32
12	James	Byrne	MS		00:53:51	33
25	Brenda	Avery	FSV	Chepstow Harriers	00:54:03	34
24	Peta	Daniels	FV	Lliswerry	00:54:14	35
62	Robert	Anderson	MSV	Lliswerry	00:55:04	36
29	Jade	Gittins	FS	Caerleon	00:55:33	37
50	Clive	Brooks	MSV	Caerleon	00:55:47	38
59	Steve	Matthews	MV		00:55:47	39
2	Paul	Turner	MSV	Almost Athletes	00:55:52	40
18	Judith	Austerberry	FS	Chepstow Harriers	00:56:03	41
82	James	Hobbs	MV		00:56:29	42
57	David	Manley	MS		00:57:13	43

65	Paul	Dursley	MSV	Lliswerry	00:57:53	44
30	Elizabeth	Richards	FV	Caerleon	00:58:34	45
17	Allan	McCall	MV	Chepstow Harriers	00:58:47	46
54	Andrew	Robinson	MV		00:58:59	47
86	John	Davenport	MS		00:59:23	48
87	Clare	Williams	FS		00:59:25	49
27	Michael	Sherlock	MS		00:59:34	50
28	Mark	Rubery	MS		00:59:34	51
1	Mark	Rostron	MV		00:59:35	52
26	Adrian	Hayward	MS		00:59:36	53
34	Stephen	Hughes	MV	Llanwiggly Harriers	00:59:51	54
42	Karen	Payne	FS	Caerleon	00:59:57	55
41	David	Williams	MV	Les Croupiers	01:00:00	56
37	Roger	Hampton	MSV		01:00:22	57
43	Mirko	Barth	MS		01:00:37	58
22	Roberta	Havers	FS	Chepstow Harriers	01:02:05	59
20	Bill	Bewg	MSV	Chepstow Harriers	01:02:27	60
39	Michael	Powell	MSV	Caerleon	01:02:58	61
47	Jared	Davies	MS		01:03:12	62
23	Alison	Sheedy	FV	Lliswerry	01:05:00	63
78	Catherine	Llewellyn	FV		01:05:45	64
31	Debbie	Jenkins	FV	Caerleon	01:06:12	65
56	Graham	Singer	MSV		01:06:29	66
13	Gwyn	Howells	FSV	Caerleon	01:06:48	67
66	Paul	Mckenzie-Cummins	MS		01:07:06	68
79	Sandra	Stevens	FSV		01:07:16	69
67	Nick	Marshall	MS		01:08:22	70
61	Brett	Regulski	MSV	Chepstow Harriers	01:09:17	71
44	David	James	MV		01:09:58	72
16	Paula	Hoddinott	FSV	Caerleon	01:12:48	73
52	Les	Ainscough	MV	Caerleon	01:13:23	74
51	Amy	Cross	FS		01:15:14	75
75	Paul	Cole	MV		01:15:47	76
10	Ros	Burgess	FV	Lliswerry	01:15:50	77
5	Kirk	Ford	MS	Caerleon		DNF
3	Nicholas	Walsh	MS	Griffithstown Harriers		
8	Robert	Summers	MV	Chepstow Harriers		
9	Bryn	Burgess	MSV	Lliswerry		
14	Andrew	Taylor	MSV	Caerleon		
15	Barry	Cornelius	MSV	Headington Road Runners		
35	Georgina	Elliott	FS			
36						
38	Doug	Dalwood	MSV			
48	Teresa	Pridmore	FS			
49	Heather	Dennis	FS	Penarth Runners		